

## Overview of PRECISE-SG100K Resource

The PRECISE-SG100K resource is a unique multi-ancestry Asian population cohort dataset of ~100,000 Singaporean residents drawn from four major prospective population health studies in Singapore: <sup>1</sup>HELIOS-NTU, SPHS-NUS, SERI-SEED and NHCS-SingHeart. This extensive resource includes:

### Research Phenotype Data

#### 1. Questionnaire Data

- Detailed health and lifestyle information, including medical history, medications, behavioural risk factors, mental health, and socio-economic status
- Singapore-specific food frequency data, enabling detailed analysis of dietary patterns and nutrient intake
- Cognitive function assessments using validated memory and thinking tests

#### 2. Physical Measurements

- Comprehensive anthropometric measurements
- Digital blood pressure readings
- 12-lead ECG for cardiac assessment
- Spirometry results
- 7-day physical activity data using Axivity tri-axial accelerometry

#### 3. Advanced Imaging

- DXA scans for bone density and body composition
- Carotid ultrasound for cardiovascular assessment
- Detailed eye examinations including retinal photography, OCT, tonometry, and refraction
- Coronary artery calcification data (representative subset of 2,000 participants)

### Molecular Data

- **Whole genome sequencing** data (short read 30X coverage sequencing) generated with the Genome Institute of Singapore (A\*STAR) under Phase II of Singapore's National Precision Medicine Programme

*\*Please note: Data availability may be phased, with some datasets becoming accessible at later stages.*

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<sup>1</sup> Health for Life in Singapore Study (HELIOS), National Technological University (NTU); Singapore Population Health Studies (SPHS), National University of Singapore (NUS); Singapore Eye Research Institute (SERI) – Singapore Epidemiology of Eye Diseases (SEED); National Heart Centre Singapore (NHCS) – SingHEART